

Name: _____ Date: _____ Period: _____



Personal Shield – Who are you?

1. What are three things you are good at?
2. What do you like most about your family?
3. What do your friends like about you?
4. What do you think you can do better than almost anyone else your age?
5. What do you dream about doing one day?
6. What is something you have already done that makes you feel really good?
7. What is one thing you are planning to change about yourself so you will be even better?